

**Course Title: Understanding autism**



**Description of the course**

The course provides learners with the knowledge they need to understand autism and the challenges that individuals can face in everyday life.

**Course duration**

Learners will undertake 3 hours of learning

**Who is this course/qualification for?**

This course is aimed at anyone working in the social care sector

**Topics covered**

Learners will understand what is meant by autism, explore the characteristics that may be present in individuals with autism and will explore some common misconceptions surrounding autism. Learners will learn about the processes required to communicate and how speech and language development may be delayed or affected for individuals with autism. Learners will also explore individuals' behaviour and explore strategies that can be used to support positive behaviour and strategies that can be used to support individuals to cope with changes to routine and structure as well as strategies to support obsessions and special interests. The course will also identify how individuals can be supported to live a healthy and fulfilled life.

**Assessment method**

No requirement for formal assessment, learners will be observed participating in the course and completion of the practical exercises.

**Course fee:** for the social care sector the course will be paid through your provider. If self-funding the cost of the course is £15.00.

## Crossroads Social Care Academy

Maple House, Maple Estate

Stocks Lane, Barnsley

S75 2BL

Tel: +44 01226 731094

