

## Course Title: Understanding Equality and Diversity incorporating Person Centred Care



### Description of the course

The focus of the course is to provide learners with up-to-date knowledge of equality and diversity and to understand how this can be implemented into care practices. Learners will recognise how to provide care and support that meets the needs of everyone.

Learners will gain the confidence to work in an inclusive way that promotes the positive input that all individuals can make to society and to their own care, be confident to challenge or confront discriminatory practice if this occurs within the working environment.

Learners will have the opportunity to consider many aspects to a person and what we must understand to meet their individual needs and recognise the person is always the expert in their own care.

### Course duration

Learners will undertake 3 hours of learning

### Who is this course/qualification for?

This course is aimed at learners who work in social care settings who are required to develop their knowledge and understanding about equality, diversity, inclusion and discrimination, including what this means and how incorporating a person-centred approach, values the person they care for.

### Topics covered

Understanding what the Equality Act 2010 means in health and social care and study the nine protected characteristics. Develop values which all people working in health and social care are expected to demonstrate in their personal behaviour, their beliefs and the way they interact with others at all stages of delivering care and treatment.

### Assessment method

No requirement for formal assessment, learners will have the opportunity to participate in completing worksheet activities to consolidate the learning that has taken place.

**Course fee:** for the social care sector the course will be paid through your provider. If self-funding the course the cost is £15.00.