

Course Title: Lone Working



Description of the course

The focus of the course is to provide learners with knowledge of the Health and Safety at Work Act and the Management of Health and Safety at Work Regulations. A person is defined as a lone worker if they work alone without close or direct supervision. Like any worker, they must take care of their own health and safety and that of others and understand how to report incidents that may arise.

This is particularly important:

- where there is limited supervision to control, guide and help in uncertain situations
- in enabling people to cope with unexpected situations, such as those involving violence

Course duration

Learners will undertake 3 hours of learning

Who is this course/qualification for?

This course is aimed at learners who work alone without close or direct supervision and may find that their personal safety is put at risk.

Topics covered

This course provides an opportunity to look at lone working policy and procedures, risk assessment, reporting incidents and how to deal with incidents of violence and types of risks associated with working in the community. A specific feature of the course content will focus on dealing with aggression and violence of a person's behaviour, whereby they will learn skills on how to defuse and de-escalate these types of situations and assess the risk of danger present in order to remain safe.

Assessment method

No requirement for formal assessment. However, learners will be offered the opportunity to participate in role play activities, but this is not a requirement and none essential.

Course fee: for the social care sector the course will be paid through your provider. If self-funding the course the cost is £15.00.