

Course Title: People Handling and Risk Assessments.



Description of the course

The purpose of the course is to provide learners with the knowledge and skills to assist them in moving another person safely. Key pieces of legislation will be discussed and how it affects you and your employer. You will gain an understanding of spinal mechanics and how to reduce the risks of spinal injury, including the benefits of adopting improved posture.

You will gain an understanding about risk assessments and the need for them. Additionally, you will have been made aware of techniques that are deemed as controversial. You will undertake a range of manual handling techniques in line with best practice.

Course duration

Learners will undertake 3 hours of learning to include theory and practical application.

Who is this course/qualification for?

This course is aimed at learners who work in social care settings who are required to move and handle individuals safely in accordance with best practice.

Topics covered

The content of this course will cover controversial techniques, spinal mechanics, risk assessments both formal and dynamic. You will be introduced to equipment that is intended to reduce the risk of injury whilst moving another person, once a risk assessment has been undertaken.

As a learner you will have been shown numerous techniques of how to move another person safely with the use of equipment and the opportunity to practice these techniques in a safe and controlled environment, which are deemed to be best practice and in line with current legislation.

Assessment method

No requirement for formal assessment, learners will be observed participating in the course and completion of the practical exercises. Learners will have the opportunity to engage in practical activities e.g. using a hoist, slide sheet, turn table and other pieces of equipment.

Course fee: for the social care sector the course will be paid through your provider. If self-funding the course the cost is £20.00.