

Course Title: Tissue Viability



Description of the course

- The focus of the course is to provide learners with the knowledge of how to support a person with skin care problems, outline what to look for and understand general skin care principles.
- Describe the causes, development and prevention of pressure sores
- Outline how to improve nutritional status
- SSKIN / BESTSHOT explained
- Demonstrate an ability to apply your knowledge to practice

Learners will gain the confidence to identify the early signs of an ulcer how to alert others, seek appropriate advice and prevent pressure ulcers from getting worse.

Learners will have the opportunity to understand the make up of the skin tissue, causes of skin breakdown and assess skin to identify any concerns.

Course duration

Learners will undertake 3 hours of learning

Who is this course/qualification for?

This course is aimed at learners who work in social care settings who are required to develop their knowledge and gain a greater understanding of the level of care and support required.

Topics covered

This course content draws attention to how skin damage could be graded, how the blanch test is used, identifying vulnerable pressure areas, who may be at risk and why, understand methods of work when supporting someone and what a carer can do to help prevent pressure damage occurring.

Assessment method

No requirement for formal assessment, learner's will complete worksheet activities to consolidate their learning.

Course fee: for the social care sector the course will be paid through your provider. If self-funding the course the cost is £15.00.